



Notice of Annual General Meeting 2025

ANNUAL GENERAL MEETING

**Monday, November 3, 2025 at 7:00pm at Institute of Cognitive Therapy,
Flat 3, 12/F, Jade Mansion, 40 Waterloo Road, Yau Ma Tei, Kowloon, Hong Kong**

Dear Member,

On behalf of the Institute of Cognitive Therapy, it gives me great pleasure to invite you to the Annual General Meeting 2025.

The Annual General Meeting is to be held at Institute of Cognitive Therapy, Flat 3, 12/F, Jade Mansion, 40 Waterloo Road, Yau Ma Tei, Kowloon, Hong Kong on Monday, November 3, 2025, commencing at 7:00pm.

Please find enclosed the agenda of the Annual General Meeting. If you would like to attend the meeting, please make registration by sending us your (1) full name, (2) membership no., (3) contact no. and (4) email address to icthk.info@gmail.com by October 8, 2025.

May I also invite you to visit our website www.icthk.org throughout the year where you can find up-to-date information of the Institute and its activities. On behalf of the Board, I look forward to welcoming you to Institute's Annual General Meeting 2025.

Yours sincerely,

Prof. Daniel Wong
Board Chairman
Institute of Cognitive Therapy
October 2, 2025



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AGENDA

1. To receive and consider the reports of Board members
2. To receive and consider the Auditors and the Statement of Accounts of the Institute for the year ended March 31, 2025
3. To elect Board members of the year 2025-2026
4. To transact any other business of the Institute